



# Playful Cork City

Denise Cahill Healthy Cities Coordinator

<http://corkhealthycities.com>

<https://www.facebook.com/corkhealthycities>

@corkhealthycity





**Cork Healthy Cities**  
a healthier city together



Healthy  
**Cork City**

# **Cork – a city that connects to improve the health & well-being of all its people & Reduce Health Inequalities**



**SUPPORTING, VALIDATING, ENABLING,  
STRENGTHENING**

# Udine

Udine is an Italian Municipality and it is considered the historic capital of Friuli.

Data:

- POPULATION : 99518 ab.
- DENSITY : 1752 ab/km<sup>2</sup>
- SURFACE : 56,81 km<sup>2</sup>

**MORE DEVELOPED REGION**



# Klaipeda

Klaipeda is a city in Lithuania located near the mouth of the Nemunas river. It is the only port of the country on the Baltic Sea.

Data:

- POPULATION : 184657 ab.
- DENSITY : 1877,55 ab/km<sup>2</sup>
- SURFACE : 98,35 km<sup>2</sup>

**LESS DEVELOPED REGION**



# Viana do Castelo

Viana do Castelo is a municipality and seat of the district of Viana do Castelo in the Norte Region of Portugal.

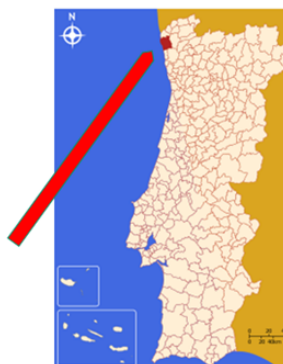
The population in 2011 was 88,725, in an area of 319.02 km<sup>2</sup>.

**Area:** 319 km<sup>2</sup>

**Population:** 88,725 (2011)

**Elevation:** 12 m (39 ft)

Density: 280/km<sup>2</sup> (720/sq mi)



# Esplugues

Esplugues de Llobregat is a Spanish Municipality located in the comarca of Baix Llobregat in the Province of Barcelona and part of the autonomous Community of Catalonia.

Data:

- POPULATION : 45127 ab.
- DENSITY : 9810,22 ab/km<sup>2</sup>
- SURFACE : 4,6 km<sup>2</sup>

**MORE DEVELOPED REGION**



# Novigrad

Novigrad is a city in Croatia located on the north-west coast of Istria, about 25 Km from the border with Slovenia.

Data:

- POPULATION : 4328 ab.
- DENSITY : 161,43 ab/km<sup>2</sup>
- SURFACE : 26,81 km<sup>2</sup>

**MORE DEVELOPED REGION**



# Katowice

Katowice is an important city in the historical region of Silesia, in southern Poland.

Data:

- POPULATION : 306826 ab.
- DENSITY : 1863,62 ab/km<sup>2</sup>
- SURFACE : 164,64 km<sup>2</sup>

**LESS DEVELOPED REGION**



# Larissa

Larissa is an important city in Greece. It is the chief town of the «periphery» of Thessaly.

Data:

- POPULATION : 145981 ab.
- DENSITY : 434,47 ab/km<sup>2</sup>
- SURFACE : 336 km<sup>2</sup>

**LESS DEVELOPED REGION**



Cork is the second largest city in the Republic of Ireland and the main city of the province of Munster.

- POPULATION :119,230 → 210,000
- DENSITY:3196,51ab/km<sup>2</sup>
- SURFACE :37,3km<sup>2</sup>



# Play Ambassador Lord Mayor Cork City



## URACT Local Group

## Cork City Play Forum

- ✓ Cork Sports Partnership
- ✓ Cork City Public Participation Network
- ✓ Cork Healthy Cities
- ✓ Learning City
- ✓ Cork City Council (Planning, Parks, Social Inclusion, City Centre Revitalisation)
- ✓ Young Knocknaheeny
- ✓ University College Cork
- ✓ HSE (Health Promotion & Speech & Language Therapy)
- ✓ Naomhóg Chorcaí
- ✓ Lifelong Learning Festival
- ✓ Foróige
- ✓ Cork City Library
- ✓ Cork ETB



## Play themed EcCoWeLL Seminar Feb 2019

- Early development ,
- Schools,
- Adult play,
- Street play,
- Play on the river,
- Business of play,
- Fun filled Festivals



## Play for Professional Workshop

What do we mean by PLAY? – A Better understand play and it's value

- Develop practical ways to improve the play offer
- Develop an emotional commitment to do it!
- Have FUN



# As a Parent – My Transformed Understanding of Play



## Play Streets / School Streets



Open  
for Play

Marina Activities  
Sunday Mornings October

Open  
for Play

Join us as this iconic riverside area of our city is a hub of **Play Activity** for 4 hours each Sunday during Urban October to allow everyone (with a special emphasis on children) to make use of the space for recreation.

Come along to experience a range of outdoor games & activities including paddle boarding on October 14<sup>th</sup>, old street games, sports

Suitable for all ages & abilities

From 10am to 2pm

- **Sunday October 7<sup>th</sup>**
- **Sunday October 14<sup>th</sup> (Paddle boarding) Blackrock Pier**
- **Sunday October 21<sup>st</sup>**
- **Sunday October 28<sup>th</sup>**

To book paddle boarding on Oct 14<sup>th</sup> contact 021-434 7096 or email [info@corksports.ie](mailto:info@corksports.ie)

Family Fun for  
**EVERYONE**



[https://twitter.com/blackrock\\_play/status/1058133428204380160?s=21](https://twitter.com/blackrock_play/status/1058133428204380160?s=21)

# Play in the Library



# The 'Stuff' of Play or Play for the sake of Play



# Play in Events - Fun Filled Festival

176 days of festivals with over 30 festivals annually



# Sunday April 7<sup>th</sup> 2019



**CORK** PLAYFUL CITY



[https://www.facebook.com/corklifelonglearnin  
gfestival/videos/2058773487762039/](https://www.facebook.com/corklifelonglearnin<br/>gfestival/videos/2058773487762039/)

# LudoBus



# School Streets



# Play Leader Training

CORK SPORTS  
PARTNERSHIP IN  
SUPPORT OF  
PLAYFUL CORK CITY

## Community Play Leaders Workshop

### Modules

- Why play is important.
- Engaging children.
- Understanding Physical Literacy
- Practical play session & leadership skills

October 12th 2019

9.30 AM - 4.00PM

CIT Sports Hall

Cost: FREE

Pre registration essential (limited places)

Pre Register here:  
[www.corksports.ie](http://www.corksports.ie)



# A Play Strategy for Cork City?



# Playful Placemaking on The Marina



## Open for Play



# Communities Weekend



**BLACKROCK & BALLINTEMPEL**  
COMMUNITY PICNIC  
&  
POP-UP PLAYGROUND

Date: Sunday 5th May  
Time: 1pm-3pm  
Venue: The Marina Park, Blackrock

PACK YOUR PICNIC AND JOIN YOUR COMMUNITY FOR FREE FAMILY FUN!



**CORNMARKET COMMUNITY FUNDAY**

**SUNDAY MAY 5TH, 2019**  
2.30pm - 4.30pm

Cork Sports partnership,  
street games and tug-o-war,  
Djembe Drumming Workshop,  
Flower Planting  
Gong & Sound bath  
Table Top Games Tournament  
Strongman Bar  
Music by Citadel, Suadela & Dancers.

Come and meet our Cornmarket Street Community!



JOIN US THIS MAY BANK HOLIDAY

**THE BIG HELLO!**  
National Community Weekend

in  
**The Glen Military Cemetery**  
**Sunday 5th May**  
**2:00 - 4:00 pm**

**BBQ Childrens Games and more**  
Hosted by the Glen Community Association

To everyone, for everyone #THEBIGHELLO



**THE BIG HELLO!**

NATIONAL COMMUNITY WEEKEND  
May Bank Holiday 2019



# Healthy Ireland Fund



- ✓ Play Development Officer
- ✓ Play on the River
- ✓ Community Equipment Cork City Libraries x 10
- ✓ Board Games in the library
- ✓ Lego in the Library



# Because Play is in Our Nature





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